

Employee Benefits Summary

2022



City of
Long Beach

Human
Resources
Department

333 W. Ocean Blvd.,
13th Floor
Long Beach, CA 90802

(562) 570-6302
FAX (562) 570-6107

IF YOU HAVE QUESTIONS

If you have questions about your benefit coverage throughout the year, you may speak with plan representatives directly. Keep this contact sheet handy for quick reference.

Great-West Life POS, PPO & All Claims:

(800) 766-3206 Long Beach Member Services
Ask for Long Beach Representatives
For further help, contact Kathy Sedabres
www.onehealthplan.com

Memorial Ambassador

(562) 933-1233
Debbie Scales
ONLY Memorial Hospital & Physician
Provider Assistance
Email: Dscales@memorialcare.org

Memorial Clinical Services Manager

(562) 933-1232
Jean Miller, R.N.
Assists with in-patient admissions,
management of chronic illnesses,
provides wellness information, etc.

Associated Therapists, Inc.

(714) 898-9858 (10 am – 6 pm, Mon. – Fri.)
(714) 891-7301 (Voice mail)
(714) 490-7083 (Emergencies)
Provides mental health services for Long Beach
Choice, Great-West Life POS, and PPO plans
www.associatedtherapists.com

Vision Care through Medical Eye Services

(562) 425-9528 locally
1-800-877-6372 out-of-area
www.mesvision.com

PacificCare HMO Plan

(800) 624-8822
(310) 572-6937
First contact Member Services
For further help contact: LaBertha Bevans
www.pacificare.com

PacificCare Behavioral Health

(800) 999-9585
Mental health services and chemical dependency

PacificCare Dental Plan

(800) 228-3384
(714) 704-9427
First contact Member Services
For further help, contact: Norma Aguilar

Delta Dental Plan

(888) 335-8227
First contact Customer & Member Services
For further help, contact:
Shelli Dubose (916) 861-2379 or
Sandy Airehart (916) 861-2742
www.deltadentalca.org
Email: cms@delta.org

City of Long Beach/In-Hospital Indemnity Plan

(562) 570-6371
Employee Benefits & Services

St. Mary's Medical Center

(562) 491-9763
Billing and non-clinical questions
Mary Michael Barnes, Dir. of Business
Development
Email: mbarnes3@chw.edu

(562) 491-2775
Clinical Services Manager
Lisa Arnone
Email: larnone@chw.edu

Community Hospital of Long Beach

(562) 494-0600
(562) 498-4434 (fax)
Clinical Assistance
Diane DeWalsche, RN, MBA
Vice President, Patient Care Services
Email: ddewalsche@chlb.org

Billing and non-clinical assistance
Robert Stark
Chief Financial Officer
Email: rstark@chlb.org

Long Beach Community Medical Group

(562) 498-4496
Physician Referral
City Hotline

American Specialty Health Plans (ASHP)

(800) 678-9133
Member Services for assistance locating
participating chiropractor

